

ROCK•TALK

the newsletter of

The Gibraltar Neighborhood Association, Inc.

Coffee (or Cocktails) and Breakfast!

WHEN: SATURDAY, MARCH 11, 2023 // 8:00 am to 12:00 pm

WHERE: 4th Street Bar & Grill (Am. Legion), 716 S. 4th Street

Come socialize with your neighbors and enjoy a delicious breakfast!

4th Street Bar & Grill has a variety of hot and tasty breakfast offerings at really affordable prices! Pair that with a hot coffee or adult beverage from the bar. Gibraltar will provide a variety of donuts for your sweet-tooth! Come hang out, socialize for a bit, and share some laughs! ***See ya there!***



2023 ASSOCIATION DUES are DUE!!

Become a member of our awesome neighborhood! The form is on last page of newsletter, ***OR save yourself a stamp and pay via our website's "donate" tab at www.GibraltarNA.org.***

Your annual dues help fund projects like:

- > Quarterly Neighborhood Social Events
- > Neighborhood Identification Pole Banners
- > Neighborhood Cleanup Day
- > Beautification Projects like 9th St. Trailhead
- > Printing & Mailing of Newsletters, cards and other stuff
- > Welcome Bags, Yard Flags and much more!



Help keep Gibraltar moving in a positive direction by support through annual dues. THANK YOU to all those who have supported our neighborhood in the past— we couldn't do it without you!

PRESIDENT'S POST

January 2023

Greetings Neighbors,

What a year. What a blur. Maybe it's the weather... maybe it's the news (just don't turn it on)... maybe it's all of JJ's Christmas legos I've been stepping on... but I'm excited to turn the page. Funny how changing a four-digit number can make you feel like anything is possible. Of course, change can also be a spooky thing. Trying new things, setting goals that feel out of reach today, exploring new relationships or stepping away from toxic ones, making the leap into a new career or field - I admittedly am a creature of habit, and the older I get, the more I understand the saying "can't teach an old dog new tricks."



But watching JJ grow up -- and his creativity bloom -- inspires me every day to evolve with him. So this year Abby and I are finding ways to focus more on our little family. We're changing careers, working fewer hours (and pinching more pennies, of course - thankfully, she's a banker's daughter), planning more mini adventures (probably involving spooky things, sheesh, this kid), and continuously checking in to make sure we are finding that work-life balance.

Thinking of all the challenges our world has can feel pretty overwhelming - but when I just focus on what is right in front of me and what I can change within myself - it doesn't feel so daunting. And (I'm going to sound like a broken record here) I'm lucky to live in a neighborhood with people looking out for one another, where I can foster that kind of change with my family. This year already feels a little brighter - and I wish you all the change and happiness you want to see this year!

Turner Morgan

President, Gibraltar Neighborhood Association

TREASURER'S REPORT



Treasurer Report for past quarter: October 2022 - Present

- > Expenses: \$1,505.33
- > Deposits: \$5,417.46
- > Quarter Auction net profit: \$1,126.46
- > Reimbursement from Habitat for Humanity: \$2,000.00
- > 14 households have renewed membership with more to come with the new year starting.

Current balance of the treasury: \$15,458.14

Dave Adams, GNA Treasurer



WHAT IS the Gibraltar Neighborhood Association??

THE GIBRALTAR NEIGHBORHOOD ASSOCIATION IS NOT:

The GNA is not a homeowner's association. We don't enforce rules or make you pay dues (membership in the association is strictly *voluntary*). We don't dictate the color you paint your house, or have a say in what type of new windows you install, or even require that you attend any of the meetings and events that we host. We simply believe that an environment where neighbors are connected with each other leads to a ***better quality of life***. All you need to do is attend a gathering and see for yourself.

OUR MISSION: The Gibraltar Neighborhood Association (GNA) seeks to develop, implement and promote a comprehensive plan that:

- > strengthens neighborhood relationships and communication,
- > creates strategies to make our neighborhood safe,
- > promotes activities that assure our neighborhood is one of clean and well-kept properties,
- > encourages ideas and community involvement, and
- > ensures that we will leave our neighborhood better than we found it.

OUR VISION: That the Gibraltar Neighborhood is a clean, safe neighborhood that offers an interesting mix of well-kept homes within one of the Historic areas of Council Bluffs, and provides its residents with a place to live where neighbors look out for one another and are proud of their neighborhood.

We hope you'll take an active role in making our neighborhood a safe, clean, fun and healthy environment for all of us! Here's to a new decade, and we're hoping to see more of you in 2023!

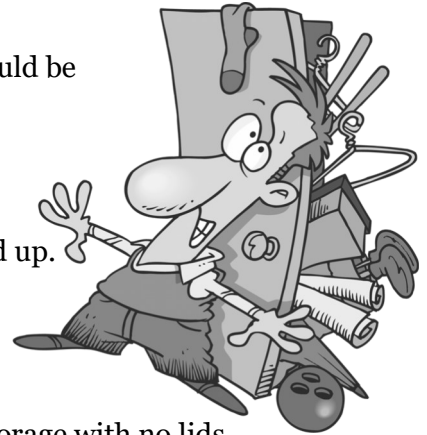


Please join GNA's monthly Book Club!! We gather once a month and talk about the book we have read! Books are picked by a majority vote. We love to read all kinds of books! For the month of October we read *The Wives*, by Tarryn Fisher. The months of August and September we read *Great Circle*, by Maggie Shipstead. A few members listen to the books from Libby Audio Books. We are blessed to have a fabulous public library in which we have that option. We also take turns hosting the Book Club or we meet at a local restaurant. We love new members!! **For more info** on when & where, contact Patti Hannan at 712-323-8600.



10 Things You Should Throw Out Right Now!

By Alesandra Dubin



1. Unworn clothes! Any clothing item you haven't worn over the last year should be donated or sold!
2. Unnecessary paperwork; keep some items but consider going green! Have bills and statements sent electronically.
3. Old office supplies - get rid of pens that don't work, markers that have dried up. If you haven't used it in a year, get rid of it!
4. Old electronics, including gadgets & cords (so many cords)!! Make sure remotes are all being used as well.
5. Unmatched items; throw out unmatched socks, pots with no lids, plastic storage with no lids.
6. Expired kitchen items; vitamins, supplements, condiments, spices, items in the freezer! Check the dates!
7. Old makeup and nail polish; cream makeup only lasts about 6 months. Mascara lasts around 3 months before it becomes a bacteria threat.
8. Some of your kids stuff; you don't have to save every single piece of artwork or project your child has completed. If you find something you really like, frame it!
9. Old books; donate to local library, charity, or shelter. So many of us have switched to reading on a Kindle or tablet. That's when it's time to get rid of your books! You may never read them again and it's a great opportunity to share with others!
10. Garage clutter; clean out all the random things that have ended up there over the year!



THANK YOU to these folks who have joined the GNA for 2023!

*Those listed were known to have paid dues **at the time of publishing**. Any errors are completely unintentional. If you notice an error/omission, please contact GNA Treasurer Dave Adams!*

Dave & Amy Adams

Trudy Beno

Nate Brown & Tom Emmett

Jason & Brook Craig

The Dodge House

Teresa Gerjevic

Michele Graham

Barney & Brenda Johnson

Cory Peters

Mindy Smith

Patrice Watson



PLEASE REMEMBER TO SUPPORT OUR NEIGHBORHOOD THROUGH YOUR ANNUAL DUES!!
Our accomplishments would not be possible without YOU!

GNA'S HOLIDAY PARTY... so much FUUUUNNNN!!

Dennis Fellhauer and Brian Wedemeier hosted the **GNA Holiday Party** at their home on January 7. The evening was well attended by 50+ GNA residents and friends. The hosts provided roast turkey, ham, and scalloped potatoes, along with a few other goodies, plus Hibiscus Holiday Punch! The menu was rounded out by wonderful neighbors bringing an array of appetizers, salads, and sweet treats.

It was great to see some *new* faces, along with many members who have all grown to be great friends. The house was full of wonderful folks, eating, laughing, catching up with neighbors, and sharing a drink or two. Every year the relationships that are made through our events makes our neighborhood safer, stronger, and better for our community. GNA = **Greatest Neighborhood Around!**



Our Savior's LUTHERAN CHURCH



Welcoming all to share God's grace and love.

Saturday 5:30pm • Sunday 10:30am (Sunday School @ 9:30)

church: 600 Bluff Street • office: 313 Story Street • ph: (712) 322-6655
email: office@OurSaviorsCB.org • www.OurSaviorsCB.org
facebook: Our Savior's Lutheran Church of Council Bluffs



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8:00-5:00 Mon-Fri + 9:00-noon Saturday (drive-up)

ATTENTION: BUSINESS OWNERS, ARTISTS, ETC.

If you own a business, provide a service, have an event or sell a product, would you like to get the word out to **OVER 200 HOUSEHOLDS** in the Gibraltar Neighborhood?

If so, consider an affordable ad in the Rock Talk newsletter!

Ad Space Sizes available: 1/4 sheet or 1/2 sheet

1/4 sheet one-time insertion: **\$10** — OR — 1/4 sheet “6-pack” (whole year): **\$50**

1/2 sheet one-time insertion: **\$15** — OR — 1/2 sheet “6-pack” (whole year): **\$75**

We'll throw in the ad setup for free!! Contact Cory at coryp241@yahoo.com for more info!

IN MEMORIAM: LIZ (SPRINKEL) MATIS

We were sad to learn of the January 13th passing of former long-time Gibraltar resident, **Liz Matis**. Liz was an active Gibraltar resident and held many gatherings and parties in her home, the DeVol/Cutler House located at 203 Turley. Liz became the owner in 2008, after her mother (the home's previous owner) passed away.

Liz served on the GNA Board for many years and was an avid gardener. She was also a prolific writer and contributed MANY articles in the early years of the Rock Talk newsletter, including write-ups on both current and past neighborhood residents, and historic compilations about the early years of Council Bluffs. (Watch for some of her stories in future issues, as we recycle them for our newer residents to enjoy!)

Sadly, in 2015, with her health declining, Liz sold her home and moved to an assisted living facility. We know she's once again enjoying digging in the garden and caring for animals. Until we meet again, Liz.



Your Gibraltar Neighborhood Partner!

*Working together to make our community
a great place to live.*

Hy-Vee West Broadway

2323 West Broadway, C.B.

712-328-9792 (store)

712-329-0905 (floral)



MANY THANKS to HyVee for the \$75 donation to our Jan. holiday party!!

NAME:

START DATE:

Self-Care Challenge



Over the course of 30 days, practice good self-care by carrying out each of these 30 suggestions in any order. Fill in the circle after completing each one.

<p>1</p> <p>Dance to your favorite song.</p> <p><input type="radio"/></p>	<p>2</p> <p>Give someone (human or animal) a hug.</p> <p><input type="radio"/></p>	<p>3</p> <p>Go to bed a little early.</p> <p><input type="radio"/></p>	<p>4</p> <p>Tidy up your space.</p> <p><input type="radio"/></p>	<p>5</p> <p>Enjoy a good laugh.</p> <p><input type="radio"/></p>	<p>6</p> <p>Take ten slow, deep breaths. Notice how you feel.</p> <p><input type="radio"/></p>
<p>7</p> <p>Stretch.</p> <p><input type="radio"/></p>	<p>8</p> <p>Sing to yourself.</p> <p><input type="radio"/></p>	<p>9</p> <p>Go for a walk.</p> <p><input type="radio"/></p>	<p>10</p> <p>Pick out a new book to read.</p> <p><input type="radio"/></p>	<p>11</p> <p>Spend time in nature. Observe a plant or animal.</p> <p><input type="radio"/></p>	<p>12</p> <p>Create something by hand.</p> <p><input type="radio"/></p>
<p>13</p> <p>Write down a new habit you'd like to create.</p> <p><input type="radio"/></p>	<p>14</p> <p>Have a no-tech or a low-tech day.</p> <p><input type="radio"/></p>	<p>15</p> <p>Do something nice for someone else.</p> <p><input type="radio"/></p>	<p>16</p> <p>Try a new food.</p> <p><input type="radio"/></p>	<p>17</p> <p>Look at one of your favorite photos.</p> <p><input type="radio"/></p>	<p>18</p> <p>Wear your favorite outfit.</p> <p><input type="radio"/></p>
<p>19</p> <p>Drink a little extra water throughout the day.</p> <p><input type="radio"/></p>	<p>20</p> <p>Look up at the sky. Watch the stars or the clouds.</p> <p><input type="radio"/></p>	<p>21</p> <p>Write down three things you are grateful for.</p> <p><input type="radio"/></p>	<p>22</p> <p>Read a poem out loud.</p> <p><input type="radio"/></p>	<p>23</p> <p>Donate something.</p> <p><input type="radio"/></p>	<p>24</p> <p>Write down three of your goals.</p> <p><input type="radio"/></p>
<p>25</p> <p>Give (or send) a compliment to someone you love.</p> <p><input type="radio"/></p>	<p>26</p> <p>Write down a motivational quote or saying that inspires you.</p> <p><input type="radio"/></p>	<p>27</p> <p>Write a thank you letter to yourself.</p> <p><input type="radio"/></p>	<p>28</p> <p>Close your eyes and daydream for five minutes.</p> <p><input type="radio"/></p>	<p>29</p> <p>Smell one of your favorite scents.</p> <p><input type="radio"/></p>	<p>30</p> <p>Write down your best quality.</p> <p><input type="radio"/></p>



Reflection

At the end of the 30 days, reflect back on your experience. How did intentionally doing things to promote your physical and emotional well-being impact you? Are there any practices above that you would like to continue?

January's Friday the 13th was... Martini-licious!!

If you weren't there, you missed lots of laughs and a bunch of great beverages when GNA neighbors Gordon Hitchcock & Zach Marquardt hosted a neighborhood pop-up Martini tasting on January 13! They offered samples for different vodka- & gin-based cocktails, and 25 or so guests brought other ingredients to make a variety of "fancy" versions. It was a great time, bringing together members of the neighborhood for fun and friendship! The "less experienced" imbibers got to try new things, and everyone enjoyed a delicious buffet of munchies to help soak up all that booze!

*Just HOW do YOU get invited to these fun gatherings? **Start by attending GNA events; get to know your neighbors; or contact any board member** (contact info on back page) **to ask about future pop-ups!!** Thanks G & Z for hosting! Looking forward to a February gathering... TBD!!*



GIBRALTAR'S UPCOMING EVENTS



JANUARY

January GNA Board Meeting — attendance is open to any paid GNA member
January 30, 2023 at 7:00 pm at the home of Brian Wedemeier, 527 Bluff Street

FEBRUARY or MARCH

Future pop-up gatherings are being discussed... start asking *now* about how you can get on the invitation list! :)

SPRING/SUMMER

TBD-yet to be confirmed: Summer Picnic Social. Currently-proposed date is JUNE 24 at the top of Clark Ave. Always a great time, with food, fun, & friends! Keep watching for more details in a future issue of the Rock Talk...

We are planning for the events for 2023. If there is a community event you would like to share with GNA, please let us know so we can promote via our information platforms. ALSO... We are looking for a GNA neighbor to host the Holiday Party in January 2024. If you might be interested, please contact Brian Wedemeier or Jill Kates (contact information on the last page of the newsletter).

Your neighborhood expert!

Hey Neighbors!

My name is Klaire Cross and I'm your neighborhood real estate agent. I would love to assist you in buying, selling and investing. Give me a call today for a free home market analysis!



Klaire Cross

402.206.4589

KLAIRE.CROSS@BHHSAMB.COM



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BERKSHIRE HATHAWAY
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Ambassador Real Estate



He Popped the Question... She Said “YES!”



Congratulations to GNA members/residents Isaiah Nako-a-Oness and Klaire Cross! Isaiah proposed to Klaire earlier this year in Hawaii. The two have been together for four years, having met at Graceland University (Isaiah graduated in 2022 and Klaire graduated in 2020). Klaire was born and raised in Council Bluffs; Isaiah is from Hilo, Hawaii.

Klaire is a real estate agent at Berkshire Hathaway HomeServices with The Home Hunters Team. She is also pursuing education in interior design & decorating to pair with her real estate background. Isaiah is a Business Development Manager and Sales Coordinator at Forza & Formo Clean. He also works at Kay Jewelers on the side.



Currently, the couple resides with Klaire’s mom (Kate Cross) on 3rd St. & Story (the old Girl Scout House). They have an 11-year-old Siberian Husky named Django & a 2-year-old

Doberman named Kalea. When not working, their hobbies include traveling home to Hawaii as often as they can, and attending LA Laker NBA games.

The Lucky Couple celebrated with an engagement party in early December, with their close friends and family (some from Hawaii). They are planning a destination wedding in Hawaii sometime in 2024. *We wish them the best on their new journey in life.*

Congratulations!

Gaul Family Enjoys Gibraltar and Historic Home

By Kate Gaul

Our family moved to the Gibraltar neighborhood in 2017. We spent a few months in a rental home on Turley Avenue before purchasing our home at 228 5th Avenue. It's been a dream of mine since I was a little girl to own an old home.

The brick streets and beautiful houses spoke to us and we knew the Gibraltar area was where we needed to be. Our kids, Aiden (13), Mila (10) and Evelyn (3) have loved getting to know some of the people here, and I frequently find them sitting on the neighbor's porch, chatting away.

In December, our home was featured as one of the stops for the Holiday Home Tour. It was really fascinating to hear stories about our home from so long ago, and we met people whose family grew up in the home. Here's a few pictures we had taken. We hope to meet you around the neighborhood!



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or email us: jazzercisecbkrew@gmail.com.

301 West Broadway, Suite 102, Council Bluffs

A HUGE THANK YOU... for Making a “Change”!

by Brian Wedemeier & Dennis Fellhauer

Dennis and I would like to give a huge shout out to all of you who donated non-perishable food items and your “Change Jar Challenge” donations to the **Story Street Food Pantry**. We collected items at the Neighborhood Holiday Party on January 7, and ended up with 75 lbs. of pet food, 50 lbs. of pantry items, and over \$200+ change!!

Thanks to you, we exceeded our goal and look forward to doing this again. We are so lucky, blessed, and fortunate to live in such a great neighborhood -- with not only great (and generous!) neighbors, but also great friends. Neighbors helping Neighbors—helping the community. Remember, it doesn't take much to make a “Change.” When you're doing spring cleaning, pantry reductions, and feeling generous, please remember the Pantry. They are always in need of donations. Please see their website for more information (www.StoryStreetPantry.org), or feel free to contact us with your donation, and we will make sure they get to the Pantry. **Thanks again, and Happy 2023!**



Meant To Be: Finding the Home We Love

by Lynn Miles

About seven years ago, while touring a house across the street, I first saw the home at 131 Turley Avenue and thought, “If THAT house ever comes on the market, it’s THE ONE... that North porch!!”

The Hughes House was a Craftsman like none I had ever seen in this area, and I was in love. I knew she was special. So, when I saw her pop up on Zillow in the spring of 2021, my heart skipped a beat. I could also see that the bluff behind the house would be the perfect backdrop for the enchanted garden I’ve dreamed of for 15 years. I’m what you would call an Old House Geek. The only reason I’m on social media is to follow Old House accounts (and Boston Terriers).



Luckily for me, my husband Chris is experienced in shining up historic homes, too. My daughter graduated last May from the Construction Management degree program at Metro and loves learning about the craftsmanship of old homes bring. So, you could say putting a bid in on the Hughes House was a no brainer.

In the last 10 years, The Hughes House is the 7th house in Gibraltar I have toured with the thought of purchasing... But she is truly the one that always caught my eye. Having the chance to actually LIVE here... a dream come true for this Omaha transplant.

Being part of the 2022 **Preserve Council Bluffs Historic Homes for the Holidays** tour was yet another dream come true. We had so much fun decorating in the Yuletide spirit and sharing the progress of our renovations with our community.

Thanks to the wonderful folks of our Gibraltar Neighborhood for making us feel so welcome in our new-ish home. Lastly, a very special thanks to Brian Wedemeier for designing the stunning floral centerpiece on our dining table for the tour, it was just the perfect touch.

With all our hearts,
Lynn and Chris Miles

home SWEET HOME

Word Search Puzzle

Valentine's Day

Find and circle the words from the word bank in the puzzle below.

U G F U S P T H D F V A L E N T I N E I
 K P R P T A A Y S M U O U B G S U X R B
 A X I O I K I Z M Y X P O H E A R T T V
 D Q E E H H D N L B V Y M V L H I X Z N
 X O N T W U H Y T D C C A R I N G D B X
 C F D R C G X D N S K L B X W Q S E E P
 A T S Y M L F F N W U A E X G V T J A V
 R S H X X M I O S E Z D R C K U S V U R
 D J I G I K B I O E F L O W E R S P T Q
 S P P U P B U C N T U O P F T J E C I F
 X P C R I T R L E H F R Y M C T C X F E
 X W K R N X I E Y E V O V I C G U V U B
 T R B U K H L O A A L U T P R L P L L R
 Z R G L W A Z M Y R V N Y U J A I C D U
 R R E W V Y R S E T A N O Y H H D R R A
 Z U A A U S O R O M Y L V B O V R H R R
 I M H D T N I X O T K U R V N M Y Q G Y
 B L H S T M Q R M W Y H Z B E P L A B Q
 V R U X D P J K M C L O M D Y D H Q Q J
 S T M A B F R O S E S Q Y L O V E A W X
 R S N Y M E Z W G Q D G D Q O D R H G I
 E D E F J E Z S W V E Z Z C A G D U I Q
 D Y A M S B O J D W C H O C O L A T E S

admirer	caring	flowers	love	ribbons	sweetheart
arrow	chocolates	friendship	pink	romantic	treat
beautiful	Cupid	heart	poetry	roses	valentine
cards	February	honey	red	saint	

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402-681-8344

*Newsletter
copies are
furnished
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THE **7** **1** **2**
INITIATIVE

THANK YOU!

YOUR Gibraltar
Neighborhood:



KEEP INFORMED three ways!!

Visit Gibraltar's website online at: www.GibraltarNA.org

— AND —

LIKE us on Facebook (search "Gibraltar Neighborhood Association").

— AND —

Register TODAY on GNA's "Nextdoor" social networking website:
www.nextdoor.com. You can share news, updates, inquiries, refer
business people or services, get the latest GNA news and much more!
It's FREE & open to folks within Gibraltar boundaries!!

Gibraltar Neighborhood Association: Membership Registration Form

Become a Gibraltar Neighborhood Association Member!! Yearly dues are \$25 per household and are tax deductible with our 501c3 status! In order to be eligible to vote for board members or receive priority preference for improvement projects, you must be a paid association member.

Make checks payable to & mail to: Gibraltar Neighborhood Association, P.O. Box 1971, Co. Bluffs, IA 51502-1971

— OR — **pay online at: www.GibraltarNA.org** >> click on the "Donate" tab (you can pay via PayPal or via Credit Card)

Name _____ Email _____

Address _____ Phone _____

Please tell us what's important to you in *connecting with your neighbors*:

- Quarterly social events Fundraisers Business meetings
 Other _____

Please tell us what *issues* are important to you:

- Getting to know my neighbors Preserving our brick streets Historic preservation
 Better lighting in our Neighborhood More social events Crime / Safety
 Other _____